nyAsaH

aMganyAsaH
OM OM pAdayOH namaH |
OM naM jAnunOH namaH |
OM mOM UrvOH namaH |
OM nAM udarE namaH |
OM rAM hRudi namaH |
OM yaM urasi namaH |
OM NAM mukhE namaH |
OM yaM shirasE namaH |

karanyAsaH
OM OM dakShiNatarjanyAm namaH |
OM naM dakShiNamadhyamAyAm namaH |
OM mOM dakShiNAnAmikAyAm namaH |
OM bhaM dakShiNakaniShThikAyAm namaH |
OM gaM vAmakaniShThikAyAm namaH |
OM vaM vAmAnikAyAm namaH |
OM tEM vAmamadhyamAyAm namaH |
OM vAM vAmatarjanyAm namaH |
OM suM dakShiNAMguShThOrdhvaparvaNi namaH |
OM dEM dakShiNAMguShThAdhaH parvaNi namaH |
OM vAM vAmAMguShThOrdhvaparvaNi namaH |
OM yaM vAmAMguShThAdhaH parvaNi namaH |

viShNuShaDakSharanyAsaH
OM OM hRudayE namaH |
OM viM mUrdhnai namaH |
OM ShaM bhrurvOrmadhyE namaH |
OM NaM shikhAyAm namaH |
OM vEM nEtrayOH namaH |
OM naM sarvasaMdhiShu namaH |
OM maH prAchyAm astrAya phaT |
OM maH AgnEyyAm astrAya phaT |
OM maH dakShiNasyAm astrAya phaT |
OM maH naiRutyE astrAya phaT |
OM maH pratIchyAm astrAya phaT |
OM maH vAyavyE astrAya phaT |
OM maH udIchyAm astrAya phaT |

OM maH aishAnyAm astrAya phaT |
OM maH UrdhvAyAm astrAya phaT |
OM maH adharAyAm astrAya phaT |

shrI hariH

atha shrInArAyaNavarma

|| rAjOvAcha ||

yayA guptaH sahastrAkShaH savAhAn ripusainikAn |
krIDanniva vinirjitya trilOkyA bubhujE shriyam || 1 ||

bhagavaMstanmamAkhyAhi varma nArAyaNAtmakam |
yathAsstatAyinaH shatrUn yEna guptOsjayanmRudhE || 2 ||

|| shrIshuka uvAcha ||

vRutaH purOhitOstvAShTrO mahEMdrAyAnupRuchChatE |
nArAyaNAkhyaM varmAha tadihaikamanAH shRuNu || 3 ||

|| vishvarUpa uvAcha ||

dhautAMghripANirAchamya sapavitra udaM mukhaH |
kRutasvAMgakaranyAsO maMtrAbhyAM vAgyataH shuchiH || 4 ||

nArAyaNamayaM varma sannahyEd bhaya AgatE |
daivabhUtAtmakarmabhyO nArAyanamayaH pumAn || 5 ||

pAdayOrjAnunOrUrvOrUdarE hRudyathOrasi |
mukhE shirasyAnupUrvyAdOMkArAdIni vinyasEt || 6 ||

OM namO nArAyaNAyEti viparyayamathApi vA
karanyAsaM tataH kuryAddvAdashAkSharavidyayA || 7 ||

praNavAdiyakAraMtamaMgulyaMguShThaparvasu |
nyasEd hRudaya OMkAraM vikAramanu mUrdhani || 8 ||

ShakAraM tu bhruvOrmadhyE NakAraM shikhayA dishEt |
vEkAraM nEtrayOryuMjyAnnakAraM sarvasaMdhiShu || 9 ||

makAramastramuddishya maMtramUrtirbhavEd budhaH |
savisargaM phaDaMtaM tat sarvadikShu vinirdishEt || 10 ||

OM viShNavE namaH

ityAtmAnaM paramaM dhyAyEdadhyEyaM ShaT shaktibhiryutam |
vidyAtEjastapOmUrtimimaM maMtramudAharEta || 11 ||

OM harirvidadhyAnmama sarvarakShAM nyastAMghripadmaH patagEMdrapRuShThE |
darAricharmAsigadEShuchApAshAn dadhAnO&ShTaguNO&ShTabAhuH || 12 ||

jalEShu mAM rakShatu matsyamUrtiryAdOgaNEbhyO varUNasya pAshAt |
sthalE ca mAyAvaTuvAmanO&vyAt trivikramaH khE&vatu vishvarUpaH || 13 ||

durgEShvaTavyAjimukhAdiShu prabhuH pAyAnnRusiMhO&surayuthapAriH |
vimuMchatO yasya mahATTahAsaM dishO vinEdurnyapataMshcha garbhAH || 14 ||

rakShatvasau mA&dhvani yaj~jakalpaH svadaMShTrayOnnItadharO varAhaH |
rAmO&drikUTEShvatha vipravAsE salakShmaNO&vyAdbharatAgrajO mAm || 15 ||

mAmugradharmA nikhilapramAdAnnArAyaNaH pAtu narashcha hAsAt |
dattastvayOgAdatha yOganAthaH pAyAdguNEshaH kapilaH karmabaMdhAt || 16 ||

sanatkumArO&vatu kAmadEvAddhayashIrSho mAM pathi dEvahElanAt |
dEvarShivaryaH puruShAMtarArchanAt kUrmO harirmAM nirayAdashEShAt || 17 ||

dhanvaMtarirbhagavAn pAtvapathyAddvaMdvAdbhayAdRuShabhO nirjitAtmA |
yaj~jashcha lOkAduta tatkRutAnnO balO gaNAt krOdhavashAdahIMdraH || 18 ||

dvaipAyanO bhagavAnaprabOdhAdbuddhastu pAkhaMDagaNAt pramAdAt |
kalkI kalEH kAlamalAt prapAtu dharmAvanAyOrUkRutAvatAraH || 19 ||

mAM kEshavO gadayA prAtaravyAd gOviMda AsaMgava AttavENuH |
nArAyaNaH pAtu sadA&&ttashaktirmadhyaMdinE viShNurarIMdrapANiH || 20 ||

dEvO&parAhNE madhuhOgradhanvA sAyaM tridhAmA&vatu mAdhavO mAm |
dOShE hRuShIkEsha utArdharAtrE nishItha EkO&vatu padmanAbhaH || 21 ||

shrIvatsalakShmA&pararAtra IshaH pratyUSha IshO&sidharO janArdanaH |
dAmOdarO&vyAdanusaMdhyaM prabhAtE viShNuH SrImAn bhagavAn kAlamUrtiH || 22 ||

chakraM yugAMtAnalatigmanEmi bhramat samaMtAd bhagavatprayuktam |
daMdagdhi daMdagdhyarisainyamAshu kakShaM yathA vAyusakhO hutAshaH || 23 ||

gadE&shanisparshanavisphuliMgE niShpiMDhi niShpiMDhyajitapriyA&si |
kUShmAMDavainAyakayakSharakShObhUtagrahAMshchUrNaya chUrNayArIn || 24 ||

tvaM yAtudhAnapramathaprEtamAtRupishAchavipragrahaghOradRuShTIn |
darEMdra vidrAvaya kRuShNapUritO bhImasvanO&rIn hRudayAni kaMpayan || 25 ||

tvaM tigmadhArA&si varArisainyamIshaprayuktO mama ChiMdhi ChiMdhi |
chakShUMShi charman shatachaMdra ChAdaya dviShAmaghaM nO hara pApachakShuShAm || 26 ||

yannO bhayaM grahEbhyO&bhUt kEtubhyO nRubhya Eva cha |
sarIsRupEbhyO daMShTribhyO bhUtEbhyO&ghEbhya Eva vA || 27 ||

sarvANyEtAni bhagavannAmarUpAstrakIrtanAt |
prayAMtu saMkShayaM sadyO yE&nyE shrEyaH pratIpakAH || 28 ||

garUDO bhagavAn stOtrastOmacChaMdOmayaH prabhuH |
rakShatvashEShakRuchChrEbhyO viShvaksEnaH svanAmabhiH || 29 ||

sarvApadbhyO harErnAmarUpayAnAyudhAni naH |
buddhiMdriyamanaH prANAn pAMtu pArShadabhUShaNAH || 30 ||

yathA hi bhagavAnEva vastutaH sadsachcha yat |
satyEna tEna naH sarvE yAMtu nAshamupAdravAH || 31 ||

yathaikAtmyAnubhAvAnAM vikalparahitaH svayam |
bhUShaNAyuddhaliMgAkhyA dhattE shaktIH svamAyayA || 32 ||

tEnaiva satyamAnEna sarvaj~jO bhagavAn hariH |
pAtu sarvaiH svarUpairnaH sadA sarvatra sarvagaH || 33 ||

vidikShu dikShUrdhvamadhaH samaMtAdaMtarbahirbhagavAn nArasiMhaH |
prahApayan lOkabhayaM svanEna grastasamastatEjAH || 34 ||

maghavannidamAkhyAtaM varma nArayaNAtmakam |
vijEShyasyaMjasA yEna daMshitO&surayUthapAn || 35 ||

EtaddhArayamANastu yaM yaM pashyati chakShuShA |
padA vA saMspRushEt sadyaH sAdhvasAt sa vimuchyatE || 36 ||

na kutashchidbhayaM tasya vidyAM dhArayatO bhavEt |
rAjadasyugrahAdibhyO vyAdhyAdibhyashcha karhichit || 37 ||

imAM vidyAM purA kashchit kaushikO dhArayan dvijaH |
yOgadhAraNayA svAMgaM jahau sa marudhanvani || 38 ||

tasyOpari vimAnEna gaMdharvapatirEkadA |
yayau chitrarathaH strIbhirvRutO yatra dvijakShayaH || 39 ||

sAMganO nyapatat sadyaH savimAnO hyavAk shirAH|
vidyAmimAM dhArayatO mRutasyAsthivilaMghanAt || 40 ||

sa vAlakhilyavachanAdasthInyAdAya vismitaH |
prAsya prAchIsarasvatyAM snAtvA dhAma svamanvagAt || 41 ||

ya idaM shRuNuyAt kAlE yO dhArayati chAdRutaH |
taM namasyaMti bhUtAni muchyatE sarvatO bhayAt || 42 ||

||shrIshuka uvAcha||

EtAM vidyAmadhigatO vishvarUpAchChatakratuH |
trailOkyalakShmIM bubhujE vinirjitya mRudhE&surAn || 43 ||

|| iti shrImadbhAgavatE ShaShThaskaMdhE nArAyaNavarmOpadEshaH ||